

Online courses available for parents FREE for North Yorkshire families and carers

1. Understanding pregnancy, labour, birth and your baby

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

2. Understanding your baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

3a. Understanding your child (0-19 yrs) (main course) or 3b. Understanding your child with additional needs

Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

4. Understanding your teenager's brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.



The Solihull Approach was
Developed by Psychologists,
Psychotherapists, Health Visitors
& NHS and Education Professionals

solihull.approach@heartofengland.nhs.uk
(+44) 0121 296 4448

www.inourplace.co.uk www.solihullapproachparenting.com

Welcome to Our Place

the place to unearth all your potential as a parent or carer

Learn, understand. Fascinating online courses for everyone who wants to be
an even better mum, dad, grandparent or carer.

From bump to 18 years, lifetime access, one off payment, prices start from £19

Look at courses →

Start now. Buy courses or apply code →

Already have an account? Sign in →



Access Code:
NYFAMILIES

Go to www.inourplace.co.uk

Apply the 'access code' for FREE access!
Fill in some details to create an account
To return to the course(s) go to
www.inourplace.co.uk and sign in!

For technical support contact
solihull.approach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm